

# Jefferson-Davis County Schools

Breakfast 6-8

HHFKA - 6-8

004 - Jefferson Davis County Middle School

## JEFFERSON DAVIS COUNTY MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 9 Sausage and Biscuit Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Jan - 10 French Toast Sticks Sausage Patty Strawberry Yogurt Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 11 Bagel w/ Sausage & Gra Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 12 Hot Grits Croissant Scrambled Egg Patty Strawberry WG Toaster Pastries Assorted Fruit Juices Fresh Fruit Cup Chocolate Milk Low Fat Milk	Jan - 13 Sausage & Pancake on a Stick Fruit Flavor Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk
Jan - 16 Sausage and Biscuit Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 17 French Toast Sticks Bacon Strips Yogurt Parfait Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 18 Chicken Patty & Biscuit Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 19 Croissant Scrambled Egg Patty Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 20 Sausage & Pancake on a Stick Fruit Flavor Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk
Jan - 23 Assorted Cold Cereals Breakfast Chicken Patty Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 24 French Toast Sticks Sausage Patty Yogurt Parfait Fresh Fruit Cup Chocolate Milk Low Fat Milk	Jan - 25 Bagel w/ Sausage & Gra Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 26 Hot Grits Croissant Scrambled Egg Patty Strawberry Toaster Pastry Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 27 Sausage & Pancake on a Stick Oat WG Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk
Jan - 30 Sausage and Biscuit Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 31 French Toast Sticks Sausage Patty Yogurt Parfait Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk			

\*\*\*MENUS SUBJECT TO CHANGE WITHIN THE WEEK\*\*\*

\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*\*\*\*

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Jefferson-Davis County Schools

Breakfast 6-8

HHFKA - 6-8

004 - Jefferson Davis County Middle School

## JEFFERSON DAVIS COUNTY MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1 Hot Grits Croissant Scrambled Egg Patty Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 2 Sausage & Pancake on a Stick Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Low Fat Milk Chocolate Milk
Dec - 5 Strawberry Toaster Pastry Fruit Flavor Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 6 French Toast Sticks Sausage Patty Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 7 Bagel w/ Sausage & Gra Chocolate Toaster Pastr Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 8 Hot Grits Croissant Scrambled Egg Patty Bacon Strips Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 9 Sausage & Pancake on a Stick Powdered Donuts Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk
Dec - 12 Sausage and Biscuit Fruit Flavor Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 13 French Toast Sticks Bacon Strips Oat WG Cereal Bar Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 14 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 15 Croissant Scrambled Egg Patty Fruit Flavor Cereal Bar Fresh Bananas Assorted Fruit Juices Chocolate Milk Low Fat Milk	Dec - 16 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Apples Assorted Fruit Juices Chocolate Milk Low Fat Milk
Dec - 19 HOLIDAYS	Dec - 20 HOLIDAYS	Dec - 21 HOLIDAYS	Dec - 22 HOLIDAYS	Dec - 23 HOLIDAYS
Dec - 26 HOLIDAYS	Dec - 27 HOLIDAYS	Dec - 28 HOLIDAYS	Dec - 29 HOLIDAYS	Dec - 30 HOLIDAYS
Jan - 2 HOLIDAYS	Jan - 3 HOLIDAYS	Jan - 4 HOLIDAYS	Jan - 5 Strawberry Toaster Pastry Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk	Jan - 6 Sausage & Pancake on a Stick Assorted Cold Cereals Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Low Fat Milk

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.